

Impurities	Product	Weight (g)	Serving size (g)	No. of Scoops	Protein (g) / Scoop	Total Protein (g)	Price	Price / g (Protein)		BCAA (g) / Serving	BCAA / g
Zero	ON Gold Standard	907	30.4	29.836	24	716.064	3236	4.52		5.5	0.181
Zero	The Whole Truth Raw WP Isolate Unflavored	1000	35	28.572	30.4	868.589	3600	4.145		7.7	0.22
Zero	^ with monthly Amazon sub	1000	35	28.572	30.4	868.589	3419	3.937		7.7	0.22
Zero	Avvatar ISORICH	1000	35	28.572	29	828.588	3549	4.284		6.5	0.186
Zero	Avvatar WHEY Blend	1000	35	28.572	24	685.728	2749	4.009		5.3	0.152
Zero	MuscleBlaze Biozyme Whey PR	1000	45	22.223	30	666.69	2999	4.499		6.62	0.148
Zero	Avvatar Mass Gainer	2000	60	33.334	12.8	426.676	1819	4.264		0 + 38g carbs + vitamins	0
Zero	Avvatar Muscle Gainer	2000	60	33.334	25.5	850.017	2799	3.293		5.7 + 24g carbs + vitamins	0.095
Zero	The Whole Truth WP Isolate + Concentrate	1000	35	28.572	24.9	711.443	3299	4.638		6.6 + 19g carbs	0.189
Zero	^ with monthly Amazon sub	1000	35	28.572	24.9	711.443	3134	4.406		6.6 + 19g carbs	0.189
Zero	MuscleBlaze Biozyme Iso Zero	1000	32.5	30.77	27	830.79	3899	4.694		5.96	0.184
Zero	Avvatar Nitro Iso Whey	2000	40	50	28.5	1425	5699	4		6.4	0.16
Zero	Musclenectar Isolate Whey	1000	33	30.304	27	818.208	2999	3.666		5.5	0.167
Zero	Musclenectar Whey Blend	1000	33	30.304	24	727.296	2399	3.299		5	0.152
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						Top Choices					
	Spreadsheet Last Updated: Jan-2025				Red Text	Blended Source					